

Dr Debbie Alexander (PhD)

QUALIFICATIONS:

- 2015: Postgraduate Certification in Mindfulness Based Interventions (SU)
- 2009: PhD in Neuropsychology/Sport (UWC)
- 2002: MSoc Sc in Clinical Psychology (Rhodes University)
- 1998: BSoc Sc (Hons) Degree (distinction) (UCT)
- 1997: BSoc Sc Degree (distinction in Psychology & Xhosa II) (UCT)
- 1987: Post Graduate Diploma for Educators of Adults – (UCT)
- 1983: Midwifery Diploma (distinction) – (Carinus Nursing College/Mowbray Maternity Hospital)
- 1979: General Nursing Diploma (distinction) – (Carinus Nursing College)

PROFESSION:

Clinical Psychologist/ Senior Lecturer at the Stellenbosch University, Medical and Health Sciences Campus, Psychiatry Department and University of the Western Cape, Psychology Department

SPORT ADMINISTRATION AND LEADERSHIP:

- International Paralympic Committee Governing Board Member (current)
- South African Sport Confederation and Olympic Committee (SASCOC) Executive Board Member (current)
- International Triathlon Union Executive Board Member (2012- current)
- African Triathlon Union – 1st Vice President (current)
- SASCOC Medical and Anti-Doping Commission Psychology representative (2015-2016)
- President National Federation of Triathlon South Africa (2009 - 2016)
- South African Rugby Union MTBI and Neurodegenerative Working Group Member (2012/13)
- SASCOC High Performance Advisory Committee Member (2013 -2014)
- African Triathlon Union Executive Board Member (2012- 2016)
- IRB Junior World Championship Medical Team – Psychologist, South Africa (2012)
- SASCOC Medical and Anti-Doping Commission member – Psychology representative (2009 to 2012)
- International Triathlon Union Para-Triathlon Committee member (2010 to 2012)
- International Triathlon Union and African Triathlon Union task team for Strategic Planning for Africa Triathlon South Africa High Performance
- Policy and Procedure task team for sport development and Olympic preparation
- WP Triathlon Committee member (Technical) (2009)
- WP Triathlon Committee member - (Junior Representative) (2004, 2005, 2006, 2007, 2008)
- SAQA Task Team – Unit Standard Development for Triathlon Coaching and Technical qualifications (2008 & 2009)
- Triathlon TSA Level 2 Referee, ITU Level 1
- Technical Official at National, Continental Cup, Continental Championship and World Cup events (2006 – 2008)